

Bristol Activities of Daily Living Scale		Status				All
		Normal	MCI	QCI	Dementia	
		194	70	53	118	435
<b>Total score for BADLS</b>	Min	0.00	-5.00	-5.00	0.00	-5.00
	Mean	0.25	1.37	0.60	21.83	6.33
	Std	1.01	3.07	1.62	14.11	12.07
	Max	10.00	20.00	8.00	52.00	52.00
<b>Meal preparation (BADLS Q1)</b>						
-	N	--	1	1	--	2
	%	--	1.42%	1.88%	--	0.45%
- Selects and prepares food as required	N	190	57	48	14	309
	%	97.93%	81.42%	90.56%	11.86%	71.03%
- Able to prepare food if ingredients are set out for him/her	N	1	5	1	11	18
	%	0.51%	7.14%	1.88%	9.32%	4.13%
- Can prepare food if prompted step-by-step	N	1	1	--	9	11
	%	0.51%	1.42%	--	7.62%	2.52%
- Unable to prepare food even with prompting and supervision	N	--	--	--	15	15
	%	--	--	--	12.71%	3.44%
- Not applicable - never did	N	--	5	--	9	14
	%	--	7.14%	--	7.62%	3.21%
- Not applicable - performed by others / this service is provided	N	2	1	3	60	66
	%	1.03%	1.42%	5.66%	50.84%	15.17%
<b>Eating (BADLS Q2)</b>						
-	N	--	1	1	--	2
	%	--	1.42%	1.88%	--	0.45%
- Eats appropriately using correct utensils	N	193	69	52	70	384
	%	99.48%	98.57%	98.11%	59.32%	88.27%
- Eats appropriately if food is made manageable and/or uses a spoon	N	1	--	--	21	22
	%	0.51%	--	--	17.79%	5.05%
- Uses fingers to eat food	N	--	--	--	5	5
	%	--	--	--	4.23%	1.14%
- Needs to be fed	N	--	--	--	22	22
	%	--	--	--	18.64%	5.05%

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<b>Drink preparation (BADLS Q3)</b>						
-	N	--	1	1	--	2
	%	--	1.42%	1.88%	--	0.45%
- Selects and prepares drinks (e.g., coffee, tea, lemonade) as required	N	194	65	52	36	347
	%	100.00%	92.85%	98.11%	30.50%	79.77%
- Can prepare drinks if ingredients left available	N	--	3	--	15	18
	%	--	4.28%	--	12.71%	4.13%
- Can prepare drinks if prompted step-by-step	N	--	--	--	6	6
	%	--	--	--	5.08%	1.37%
- Unable to make a drink even with prompting and supervision	N	--	--	--	7	7
	%	--	--	--	5.93%	1.60%
- Not applicable - performed by others / this service is provided	N	--	1	--	54	55
	%	--	1.42%	--	45.76%	12.64%
<b>Drinking (BADLS Q4)</b>						
-	N	--	1	1	--	2
	%	--	1.42%	1.88%	--	0.45%
- Drinks appropriately	N	194	67	52	82	395
	%	100.00%	95.71%	98.11%	69.49%	90.80%
- Drinks appropriately with aids (e.g., beakers, straw)	N	--	2	--	12	14
	%	--	2.85%	--	10.16%	3.21%
- Does not drink appropriately even with aids but attempts to	N	--	--	--	1	1
	%	--	--	--	0.84%	0.22%
- Has to have drinks administered (fed) by others	N	--	--	--	23	23
	%	--	--	--	19.49%	5.28%
<b>Dressing (BADLS Q5)</b>						
-	N	--	1	1	--	2
	%	--	1.42%	1.88%	--	0.45%
- Unaided	N	194	69	52	56	371
	%	100.00%	98.57%	98.11%	47.45%	85.28%

(Continued)

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<b>Dressing (BADLS Q5)</b> - Occasionally misplaced buttons	N	--	--	--	16	16
	%	--	--	--	13.55%	3.67%
- Wrong sequence/forgetting items	N	--	--	--	23	23
	%	--	--	--	19.49%	5.28%
- Unable to dress	N	--	--	--	23	23
	%	--	--	--	19.49%	5.28%

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<b>Personal hygiene/grooming (BADLS Q6)</b>						
-	N	--	1	1	--	2
	%	--	1.42%	1.88%	--	0.45%
- Washes regularly and independently	N	194	68	52	49	363
	%	100.00%	97.14%	98.11%	41.52%	83.44%
- Can wash self if given soap, washcloth, and towel	N	--	--	--	10	10
	%	--	--	--	8.47%	2.29%
- Can wash if prompted and supervised	N	--	--	--	22	22
	%	--	--	--	18.64%	5.05%
- Unable to wash self and needs full assistance	N	--	1	--	37	38
	%	--	1.42%	--	31.35%	8.73%
<b>Teeth cleaning (BADLS Q7)</b>						
-	N	--	1	1	--	2
	%	--	1.42%	1.88%	--	0.45%
- Cleans own teeth/dentures regularly and independently	N	194	69	52	61	376
	%	100.00%	98.57%	98.11%	51.69%	86.43%
- Cleans teeth/dentures if given appropriate items	N	--	--	--	12	12
	%	--	--	--	10.16%	2.75%
- Requires some assistance, toothpaste on brush, brush to mouth, etc.	N	--	--	--	13	13
	%	--	--	--	11.01%	2.98%
- Full assistance given	N	--	--	--	32	32
	%	--	--	--	27.11%	7.35%
<b>Bathing/showering (BADLS Q8)</b>						
-	N	--	1	1	--	2
	%	--	1.42%	1.88%	--	0.45%
- Bathes regularly and independently	N	194	67	52	45	358
	%	100.00%	95.71%	98.11%	38.13%	82.29%
- Needs bath to be drawn or shower turned on but washes self independently	N	--	--	--	12	12
	%	--	--	--	10.16%	2.75%

(Continued)

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<b>Bathing/showering (BADLS Q8)</b> - Needs supervision and prompting to wash	N	--	1	--	24	25
	%	--	1.42%	--	20.33%	5.74%
- Totally dependent, needs full assistance	N	--	1	--	37	38
	%	--	1.42%	--	31.35%	8.73%

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<b>Toileting (BADLS Q9)</b>						
-	N	--	1	1	--	2
	%	--	1.42%	1.88%	--	0.45%
- Uses toilet appropriately when required	N	194	69	51	64	378
	%	100.00%	98.57%	96.22%	54.23%	86.89%
- Needs to be taken to the toilet and given assistance	N	--	--	--	11	11
	%	--	--	--	9.32%	2.52%
- Incontinent of urine or feces	N	--	--	--	13	13
	%	--	--	--	11.01%	2.98%
- Incontinent of urine and feces	N	--	--	1	30	31
	%	--	--	1.88%	25.42%	7.12%
<b>Transferring (BADLS Q10)</b>						
-	N	--	1	1	--	2
	%	--	1.42%	1.88%	--	0.45%
- Can get in/out of a chair unaided	N	194	66	50	76	386
	%	100.00%	94.28%	94.33%	64.40%	88.73%
- Can get into a chair but needs help to get out	N	--	3	2	5	10
	%	--	4.28%	3.77%	4.23%	2.29%
- Needs help getting in and out of chair	N	--	--	--	14	14
	%	--	--	--	11.86%	3.21%
- Totally dependent on being put into and lifted from chair	N	--	--	--	23	23
	%	--	--	--	19.49%	5.28%
<b>Mobility (BADLS Q11)</b>						
-	N	--	1	1	--	2
	%	--	1.42%	1.88%	--	0.45%
- Walks independently	N	184	63	48	57	352
	%	94.84%	90.00%	90.56%	48.30%	80.91%
- Walks with assistance	N	3	1	1	10	15
	%	1.54%	1.42%	1.88%	8.47%	3.44%

(Continued)

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<b>Mobility (BADLS Q11)</b>						
- Uses physical aids to walk	N	7	5	3	32	47
	%	3.60%	7.14%	5.66%	27.11%	10.80%
- Unable to walk	N	--	--	--	19	19
	%	--	--	--	16.10%	4.36%

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<b>Orientation to time (BADLS Q12)</b>						
-	N	--	1	1	--	2
	%	--	1.42%	1.88%	--	0.45%
- Fully oriented to time/day/date etc.	N	193	65	52	19	329
	%	99.48%	92.85%	98.11%	16.10%	75.63%
- Unaware of time/day/date etc. but seems unconcerned	N	1	2	--	62	65
	%	0.51%	2.85%	--	52.54%	14.94%
- Repeatedly asks the time/day/date	N	--	2	--	27	29
	%	--	2.85%	--	22.88%	6.66%
- Mixes up night and day	N	--	--	--	10	10
	%	--	--	--	8.47%	2.29%
<b>Orientation to place (BADLS Q13)</b>						
-	N	--	1	1	--	2
	%	--	1.42%	1.88%	--	0.45%
- Fully oriented to surroundings	N	194	63	50	27	334
	%	100.00%	90.00%	94.33%	22.88%	76.78%
- Oriented to familiar surroundings only	N	--	6	2	65	73
	%	--	8.57%	3.77%	55.08%	16.78%
- Gets lost in home, needs reminding where bathroom is, etc.	N	--	--	--	10	10
	%	--	--	--	8.47%	2.29%
- Does not recognize home as own and attempts to leave	N	--	--	--	16	16
	%	--	--	--	13.55%	3.67%
<b>Communication (BADLS Q14)</b>						
-	N	--	1	1	--	2
	%	--	1.42%	1.88%	--	0.45%
- Able to hold appropriate conversation	N	194	66	50	49	359
	%	100.00%	94.28%	94.33%	41.52%	82.52%
- Shows understanding and attempts to respond verbally with gestures	N	--	2	1	24	27
	%	--	2.85%	1.88%	20.33%	6.20%

(Continued)

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<b>Communication (BADLS Q14)</b> - Can make himself or herself understood but has difficulty understanding others	N	--	1	1	25	27
	%	--	1.42%	1.88%	21.18%	6.20%
- Does not respond to or communicate with others	N	--	--	--	20	20
	%	--	--	--	16.94%	4.59%

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<b>Telephone (BADLS Q15)</b>						
-	N	--	1	1	--	2
	%	--	1.42%	1.88%	--	0.45%
- Uses telephone appropriately, including obtaining correct number	N	191	67	52	32	342
	%	98.45%	95.71%	98.11%	27.11%	78.62%
- Uses telephone if number given verbally/visually or pre-dialed	N	2	1	--	24	27
	%	1.03%	1.42%	--	20.33%	6.20%
- Answers telephone but does not make outgoing calls	N	--	--	--	19	19
	%	--	--	--	16.10%	4.36%
- Unable/unwilling to use telephone at all	N	1	1	--	43	45
	%	0.51%	1.42%	--	36.44%	10.34%
<b>Housework/gardening (BADLS Q16)</b>						
-	N	--	1	1	--	2
	%	--	1.42%	1.88%	--	0.45%
- Able to do housework/gardening to previous standard	N	183	47	38	9	277
	%	94.32%	67.14%	71.69%	7.62%	63.67%
- Able to do housework/gardening but not to previous standard	N	5	13	10	24	52
	%	2.57%	18.57%	18.86%	20.33%	11.95%
- Limited participation in these activities even with a lot of supervision	N	1	--	--	14	15
	%	0.51%	--	--	11.86%	3.44%
- Unwilling/unable to participate in previous housework/gardening activities	N	2	2	--	11	15
	%	1.03%	2.85%	--	9.32%	3.44%
- Not applicable - never did	N	2	3	1	4	10
	%	1.03%	4.28%	1.88%	3.38%	2.29%
- Not applicable - performed by others / this service is provided	N	1	4	3	56	64
	%	0.51%	5.71%	5.66%	47.45%	14.71%

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<b>Shopping (BADLS Q17)</b>						
-	N	--	1	1	--	2
	%	--	1.42%	1.88%	--	0.45%
- Shops to previous standard	N	191	56	50	11	308
	%	98.45%	80.00%	94.33%	9.32%	70.80%
- Only able to shop for 1 or 2 items with or without a list	N	2	5	1	4	12
	%	1.03%	7.14%	1.88%	3.38%	2.75%
- Unable to shop alone, but participates when accompanied	N	--	1	--	36	37
	%	--	1.42%	--	30.50%	8.50%
- Unable to participate in shopping even when accompanied	N	--	--	--	10	10
	%	--	--	--	8.47%	2.29%
- Not applicable - never did	N	--	4	--	6	10
	%	--	5.71%	--	5.08%	2.29%
- Not applicable - performed by others / this service is provided	N	1	3	1	51	56
	%	0.51%	4.28%	1.88%	43.22%	12.87%
<b>Managing finances (BADLS Q18)</b>						
-	N	--	1	1	--	2
	%	--	1.42%	1.88%	--	0.45%
- Responsible for own finances at previous level	N	192	62	51	11	316
	%	98.96%	88.57%	96.22%	9.32%	72.64%
- Unable to write check but can sign name and recognizes money values	N	--	1	--	21	22
	%	--	1.42%	--	17.79%	5.05%
- Can sign name but unable to recognize money values	N	--	1	--	14	15
	%	--	1.42%	--	11.86%	3.44%
- Unable to sign name or recognize money values	N	--	--	--	8	8
	%	--	--	--	6.77%	1.83%
- Not applicable - never did	N	1	3	1	5	10
	%	0.51%	4.28%	1.88%	4.23%	2.29%

(Continued)

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<b>Managing finances (BADLS Q18)</b> - Not applicable - performed by others / this service is provided	N	1	2	–	59	62
	%	0.51%	2.85%	–	50.00%	14.25%

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<b>Games/hobbies (BADLS Q19)</b>						
-	N	--	1	1	--	2
	%	--	1.42%	1.88%	--	0.45%
- Participates in pastimes/activities to previous standard	N	193	65	50	17	325
	%	99.48%	92.85%	94.33%	14.40%	74.71%
- Participates but needs instruction/supervision	N	1	4	1	32	38
	%	0.51%	5.71%	1.88%	27.11%	8.73%
- Reluctant to join in, very slow, needs coaxing	N	--	--	1	24	25
	%	--	--	1.88%	20.33%	5.74%
- No longer able or willing to join in, hobbies abandoned	N	--	--	--	45	45
	%	--	--	--	38.13%	10.34%
<b>Transportation/driving (BADLS Q20)</b>						
-	N	--	1	1	--	2
	%	--	1.42%	1.88%	--	0.45%
- Able to drive, cycle, or use public transport independently	N	190	60	48	12	310
	%	97.93%	85.71%	90.56%	10.16%	71.26%
- Unable to drive, but uses private and public transport or bike independently	N	2	5	3	3	13
	%	1.03%	7.14%	5.66%	2.54%	2.98%
- Can travel with others by car but unable to use public transport on his/her own	N	2	3	1	82	88
	%	1.03%	4.28%	1.88%	69.49%	20.22%
- Unable/unwilling to use private or public transport even when accompanied	N	--	1	--	21	22
	%	--	1.42%	--	17.79%	5.05%